Governors State University Annual Counseling Program Review Report 2023-2024

Following is the annual review related to the Master of Arts in Counseling (MA in Counseling) and Doctor of Philosophy in Counselor Education and Supervision (Ph.D. in CES) programs. For questions, please contact the MA in Counseling Coordinator Dr. Leonis S. Wright (lwright11@govst.edu) or the Ph.D. in CES Coordinator Dr. Kent B. Provost (kprovost@govst.edu). The following information is presented first with the counseling program's achievements and modifications during the academic year 2023-2024, followed by the program's action plan for academic year 2024-2025, concluding with the programs' evaluation 2023-2024 results.

Counseling Program Achievements, Modifications, and Action Plan for Next Academic Year 2024-2025

Overall Counseling Program 2023-2024 Program Achievements:

- MA program created a marketing eblast/email campaign and conducted two virtual informational sessions to increase enrollment.
- MA program enrollment by maintained its past increase 42% (164 to 162)
- Ph.D. in CES expanded to meet the full admissions enrollment numbers of 12 for AY 2024/2025
- Ph.D. in CES program redesigned to a revised developmental fixed program of study starting with the AY 2024/2025
- APRC successful five-year review of Ph.D. in CES
- All benchmarks and program outcomes met fully for both MA and Ph.D. programs

Counseling Program Action Plan for Academic Year 2025-2026

- Replace current Advanced Clinical Mental Health course with existing Sex Therapy
- Merge Advanced Clinical Mental Health course requirements into the Clinical Mental Health Course
- Replace existing Psychopharmacology in Addictions course with an Addictions and Cooccurring course
- Expand MA in Counseling course credits from 60 to a range of 60-69 credits to provide financial aid fundable elective option
- A quasi-cohort model to be implemented for exploration intents
- Implement the new Addictions Counseling specialty track within the MA in Counseling program
- Update all course Student Learning Outcomes and required Pre-requisites
- Update all Counseling related campus Bulletin Boards
- Conduct a town hall meeting for all students.
- Update Admissions Deadlines with final posted deadlines

- Ph.D. in CES program planning to meet the required CACREP 2024 national accreditation standards required change from 48 credits to 60 credits starting fall 2026
 - o Change program from 48 credits to a range of 60 to 69 or 72 credits
 - o Add two required On-line Course Development course(s)
 - Eliminate the two doctoral practicum courses and add a third internship course focused on advanced clinical work
 - o Add elective graduate level courses
 - Specialty MA in Counseling non-degree certificate courses
 - Non-Profit Organization/Social Entrepreneurship courses in the Interdisciplinary Leadership program
 - Exploring other elective options
- Counselor Education Program Advisory Council to be created for AY 2025-2026 in compliance to the CACREP 2024 accreditation requirements.
 Suggested composition of council:
 - o MA in Counseling (CMHC, MCFC, SC) student representatives
 - o Ph.D. CES representative
 - o Alumni (CMHC, MCFC, SC, CES representatives)
 - Adjunct Faculty
 - Site Supervisor(s)
 - Employer(s) of graduates
- Counselor Education Program Advisory Council to replace data collection from former vested stakeholders per CACREP 2024 accreditation requirements

Summary of the Counseling Program Evaluation Results for Academic Year 2023-2024

Following are the Program Key Performance and Student Dispositions assessment results related to each graduate level (MA and Ph.D.) for the Academic Year 2023-2024. The assessment data is captured on a three-point scale: 1=Does not Meet for program level, 2=Meets minimally or inconsistently for program level, 3=Meets and exceeds for program level, or N/A=Unable to rate/determine. The objective targets are for averages to be at a 2 or above at an 80% result level. Refer to the GSU Counseling Program Comprehensive Assessment Plan for when, where, and how data is collected for the following information.

Master of Arts in Counseling **Program Objectives and Outcomes**

Master of Arts in Counseling Program Objectives and Assessment

Outcome

Professional Orientation and Ethical Practice:

Explain professional functioning and identity, including collaborating with other helping professionals in an ethical and socially just manner.

Current Students – Internship II 100%
Graduates Exit Survey* N/A
Stakeholder Survey (Alumni, Site N/A

Supervisors, Employers)*

Social and Cultural Diversity:

Demonstrate multicultural competence working with individuals from diverse backgrounds.

Current Students – Internship II 100%
Current Students – Professional Dispositions 100%
Graduates Exit Survey* N/A
Stakeholder Survey (Alumni, Site N/A

Supervisors, Employers)*

Human Growth and Development:

Assess client's growth and development across the lifespan related to individual and family experiences along with cultural influences.

Current Students – Internship II 100%
Graduates Exit Survey* N/A
Stakeholder Survey (Alumni, Site N/A
Supervisors, Employers)*

Career Development:

Explain current theories of career development and how they can be applied in counseling practice.

Current Students – Internship II 100% Graduates Exit Survey* N/A Stakeholder Survey (Alumni, Site N/A

Counseling and Helping Relationships:

Employ theoretically grounded counseling interventions to establish theory-based client outcomes.

Current Students – Internship II 100%
Graduates Exit Survey* N/A
Stakeholder Survey (Alumni, Site N/A

Supervisors, Employers)*

Group Counseling and Group Work:

Facilitate group dynamics and application of group theory in group counseling practice.

Current Students – Internship II 100%
Graduates Exit Survey* N/A
Stakeholder Survey (Alumni, Site N/A

Supervisors, Employers)*

Assessment and Testing:

Employ ethical and culturally responsive assessment practices, strategies, and interventions in counseling practice with diverse clients.

Current Students – Internship II 100%
Current Students – Professional Dispositions 100%
Graduates Exit Survey* N/A
Stakeholder Survey (Alumni, Site N/A

Supervisors, Employers)*

Research and Program Evaluation:

Integrate ethical, culturally competent, and socially just practices into counseling research processes.

Current Students – Internship II 100%
Current Students – Professional Dispositions 100%
Graduates Exit Survey* N/A
Stakeholder Survey (Alumni, Site N/A

Supervisors, Employers)*

Master of Arts in Counseling – Specialty Track Learning Objectives

Clinical Mental Health Counseling:

Apply ethical and socially just counseling theories and interventions to clients presenting problems and diagnoses.

Current Students – Internship II 100%
Graduates Exit Survey* N/A
Stakeholder Survey (Alumni, Site N/A

Supervisors, Employers)*

Marriage, Couple, and Family Counseling:

Apply systems theories in an ethical and socially just manner to couples, marriages, and families from a diversity of cultural backgrounds.

Current Students – Internship II 100%
Graduates Exit Survey* N/A
Stakeholder Survey (Alumni, Site N/A

School Counseling:

Create, implement, and evaluate data-driven school counseling programs designed to meet the academic, career, and social/emotional development of all students.

Current Students – Internship II 100%
Graduates Exit Survey* N/A
Stakeholder Survey (Alumni, Site N/A

^{*}Data for the Graduate Exit Survey, Stakeholder Survey (Alumni, Site Supervisors and Employers) are on every other year collection.

Doctor of Philosophy in Counselor Education and Supervision Updated Program Objectives and Outcomes

Doctor of Philosophy – Counselor Education and Supervision Program Objectives and Assessment

Outcome

Counseling:

Implement advanced ethical, theory-based, and culturally relevant practices into clinical counseling.

Current Students – Practicum100%Current Students – Professional Dispositions100%Graduates Exit Survey*N/AStakeholder Survey (Alumni, SiteN/A

Supervisors, Employers)*

Supervision:

Construct and apply a scholarly supervision model in an ethical and culturally relevant manner.

Current Students – Internship II 100%

Current Students – Professional Dispositions* ????

Graduates Exit Survey* N/A

Stakeholder Survey (Alumni, Site N/A

Supervisors, Employers)*

Teaching:

Articulate and implement scholarly-based pedagogical and/or andragogical teaching practice with diverse student population in counselor education.

Current Students – Internship II 100% Graduates Exit Survey* N/A Stakeholder Survey (Alumni, Site N/A

Supervisors, Employers)*

Research and Scholarship:

Develop professional research projects and activities relevant to professional practice of counseling, counselor education, and/or supervision modalities.

Current Students – Dissertation Proposal 100%

Defense

Graduates Exit Survey* N/A Stakeholder Survey (Alumni, Site N/A

^{*}Data for the Graduate Exit Survey, Stakeholder Survey (Alumni, Site Supervisors and Employers) are on every other year collection.